

Steamers Asian Street Bistro	Serving Size (g)	Calories	Calories from Fat	Total Fat (g)	Carb. (g)	Protein (g)	Chol. (mg)	Sodium (mg)	Dietary Fiber (g)	Sugar (g)
Nutritional Information										
January 2, 2005										
Dumplings (4 each)										
Ginger Pork	113	280	150	16	19	11	50	570	1	3
Mushroom Chicken	113	200	45	5	22	13	45	540	1	1
Szechuan Chicken	113	190	50	5	23	12	45	590	1	2
Spinach Glass Noodle	113	130	30	3	19	5	50	740	1	1
Steamed Buns (1 each)										
Hoisin Pork	65	150	28	3	23	7	15	338	2	2
Golden Curry Vegetable	68	140	16	2	28	2	-	122	2	1
Sweet Azuki	68	190	30	3	36	4	-	43	2	8
Signature Dishes (1 serving)										
NOTE: measurements are without meat/tofu; servings of meat/tofu are measured separately below										
Sesame Peanut Noodle Salad	304	270	100	11	34	14	30	300	5	7
Vietnamese Rice Noodle Salad	321	230	60	6	38	7	-	270	3	5
Asian Mixed Greens Salad	265	140	70	8	13	8	-	250	3	6
Vietnamese Sandwich	128	350	80	8	62	12	5	450	5	3
Salad Rolls (5)	213	220	20	3	44	8	-	90	4	2
Pad Thai Noodles	388	450	70	7	83	9	95	1,260	4	3
Thai Basil Noodles	382	380	15	2	84	6	-	1,240	5	3
Lemongrass Noodle Soup	729	350	10	1	78	5	-	460	4	6
Add Meat/Tofu										
Chicken	92	140	35	4	-	26	70	280	-	-
Steak	90	170	70	8	-	24	-	270	-	-
Tofu	99	140	100	12	2	7	-	280	-	1
Shrimp	93	120	50	6	-	18	165	310	-	-
Side Items (1 serving)										
Warm Edamame	113	150	40	5	14	12	-	195	6	2
Disclaimer: The data provided are estimates based on an average serving size. Because our menu items are hand-made and hand-portioned, actual nutritional quantities will vary.										
Note: Serving sizes are measured in pre-cooked weights										
Source: ESHA Research										